

COURSE DETAILS

Certificate of Attendance. Insurance Cover.

A folder with all seminar notes and a CD containing resources, recipes, background reading, references, patients handouts and research papers will be provided at each seminar. Information about functional lab testing, how to interpret GP's tests, in-house testing you can provide in your clinic, and simple tests your patients can do at home will be integrated into the course, and appropriate charts, forms, etc., are included on the CDs.

Places are strictly limited.

Time:- 9.00am - 4.00pm

**Location:- The Meeting Room, 36 Langley Hill,
Kings Langley, Hertfordshire. WD4 9HE**

Cost:- £95.00 per day including all teaching materials

- * Deposit of £170.00 when booking
- * 1st Instalment £100 11th September (1st Saturday)
- * 2nd Instalment £100 16th October (2nd Saturday)
- * 3rd Instalment £100 6th November (3rd Saturday)
- * Final Instalment £100 4th December (4th Saturday)

- * No payments January & February

Cheques made payable to:-

Arc Healthcare
5 Dale Road
Leigh-on-Sea
Essex
SS9 2RQ
01702 476805

Please visit web-site to download
booking forms:-

www.archealthcare.co.uk



NATUROPATHIC NUTRITION FOR HOMOEOPATHS

- * **Have you ever felt you ought to train in nutrition - but don't have the time?**
- * **Do you have reservations about the allopathic nature of Nutritional Therapy?**
- * **Do you have an allopathic model of how the body works and are you prescribing homoeopathically on an allopathic diagnosis?**
- * **Are you confident in recommending supplements?**
- * **Do you encourage your patients to use naturopathic techniques at home to enhance your prescribing?**
- * **Are you unsure what dietary advice to give?**
- * **Would you like to understand the underlying processes of all diseases?**
- * **Do you believe in the Germ Theory of Disease?**
- * **Can you recognise toxicity and do you know how to gently and safely detoxify the body?**
- * **Do you understand the stages of disease development, and do you know how to recognise and manage a healing crisis?**
- * **Are you able to identify which symptoms reflect an energetic imbalance that needs to be included in the similimum, and which are environmental, nutritional or lifestyle related, thus requiring a different approach?**

Eve Gilmore, M.Sc., (Hons) Natural Medicines, N.D., Dip I.O.N., L.C.Hom., C.B.A.K., Dip Couns: Naturopath, Clinical Nutritionist and Homoeopath, is running a six-day course to teach homoeopaths what they really need to know to be effective in practice, without the need for a long training in another modality. Hahnemann recommended correcting the diet and removing maintaining causes *before* giving a remedy. This approach makes the remedy picture easier to see, and prescribing more effective. Homoeopathy is working in a much more challenging environment nowadays, and the modern homoeopath needs to be equipped to deal with this. However - with market forces determining the information available in the mainstream media - most people are confused about what to eat, and have a vague idea about the need to “detoxify”. As homoeopaths, your patients will often look to you for advice, and may expect more from Homoeopathy than it is able to provide. This course is designed to fill that gap and provide you with the confidence to use supportive therapies in your practice. Due to popular demand, this course is being run for a second time, and many places have already been pre-booked. Places are strictly limited.

Testimonials:-

“This course has been fantastic. Not only have I learned lots, but I have really enjoyed it”.

“This has filled in the gaps in my human sciences training. I now understand the body more holistically, and feel very comfortable with using nutritional therapy according to homoeopathic philosophical principles”.

“The information given was ahead of anything I have read. The extensive teaching materials were excellent value, and provide me with a handy reference when working”.



Day One - Saturday 11th September 2010

Naturopathic Principles. The difference between “meddlesome interference” - which overrides the vital force’s innate intelligence - and “therapeutic support”. The Digestive System - how it is fundamental to every case, the myth of hyperacidity and risks of antacids. Review of different diets. Dispelling the allopathic model of yeast overgrowth, and how to treat the cause without anti-fungals. Leaky Gut. Enzyme Therapy. Limitations of The Germ Theory of Disease. Long-term effects of antibiotics.

Day Two - Saturday 16th October 2010

Environmental Toxicity, EMFs - their effects on the body and remedies. Dehydration. Safe Detoxification. Liver function and how to test it. The physiological effects of toxic metals. Why fasting is not good. Dr Reckeweg’s sequential model of disease and healing. The Healing Crisis. M.E., Fibromyalgia, Eating disorders, M.S., Autism, M.C.S., A.D.H.D. Aerotoxic Syndrome.

Day Three - Saturday 6th November 2010

Blood Sugar Imbalances. Metabolic Syndrome/Type 2 Diabetes. Obesity and weight. Polycystic Ovarian Syndrome. Infertility. Acne. Lab tests.

Day Four - Saturday 4th December 2010

Thyroid System - the bigger picture and how to test it. Adrenals. PMS. Menopause. Endometriosis. Cervical Cancer. The Pill and HRT. Hair Mineral Analysis and how it can provide information about the Endocrine System.

Day Five - Saturday 15th Jan 2011

The Immune System. Allergies. Atopy. Coeliac Disease. Gluten intolerance. Auto-Immune Diseases. Why allergy testing is often a waste of money and a cost-free alternative. Osteoporosis - why it is not a disease of calcium deficiency and the dangers of supplementation.

Day Six - Saturday 12th Feb 2011

Review of whole course. Pulling it all together - how to integrate Naturopathy and Nutrition into a Homoeopathic practice. Paperwork, forms, charging, treatment plans, etc. How to make your practice more profitable.

Delegates will have the opportunity to begin working with the questionnaire after the second day, and to provide cases for teaching purposes.